



## Patient Instructions – Urine Cytology

This test requires three samples to be collected on three consecutive days.

Note : Early morning specimens are unsuitable for assessment.

A clean mid-morning urine specimen is preferable.

1. Label each specimen container with your name, date of birth, referring doctor and date of collection.
2. Drink 2 glasses of water and be as mobile as possible prior to collection.
3. Empty your bladder and collect the full flow of urine into the container supplied.
4. Return the urine sample to the Collection Centre or Doctor's surgery on the same day of collection. If you are unable to bring each specimen in on a daily basis, the urine specimens must be refrigerated until all three samples are collected and delivered to a Collection Centre or Doctor's surgery as arranged.
5. Repeat this procedure for two consecutive days, unless instructed otherwise.

### Enquiries:

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