



## Patient Instructions

### Faeces Collection for Parasites (COP) and Culture (MCS)

Combined faecal parasite and culture collection kits are available from your nearest SydPath collection centre or your doctor.

#### COLLECTION INSTRUCTIONS

##### Parasite Collections

Faecal specimens for parasites are placed in \*SAF preservative immediately after collection. Up to three specimens, collected on different days, may be submitted for parasite testing.

1. Pass faeces into one of the large plastic containers provided. Ensure that the specimen is not contaminated with urine.
2. Select a specimen container with the white lid and \*SAF preservative. Use the scoop attached to the under side of the lid to transfer a scoopful of faeces into the container. Screw the lid on firmly.
3. Mix the contents of the container until the specimen is evenly distributed throughout the preservative.
4. Label the specimen container with your full name, the date and the time of collection. Store at room temperature.
5. Dispose of the remaining faeces and the collection container.

##### Specimens for Culture and for Parasites Sampled from the Final Collection Culture

Faecal culture requires a single fresh specimen taken from the final collection.

1. Pass faeces into one of the large plastic containers provided. Ensure that the specimen is not contaminated with urine.
2. First, select the culture specimen container with the brown lid. Use the scoop attached to the under side of the lid to transfer a scoopful of faeces into the container. Screw the lid on firmly.
3. Label the container with your full name, the date and the time of collection.

##### Parasites

4. Then, repeat steps 2. to 5. described above in 'Parasite Collections' to collect a specimen for parasites.

Place specimens in the plastic bags provided.

Deliver all the specimens and the request form to your nearest SydPath collection centre or your doctor's surgery. Refrigerate the specimen for culture if there is a delay between collection and delivery.

#### ENQUIRIES:

SydPath: 8382-6590

#### WARNING

\*SAF (Sodium Acetate-Acetic Acid-Formalin) is toxic.

Store in a safe place out of reach of children. Avoid skin or eye contact, vapour inhalation and ingestion. In the case of skin or eye contact flush continuously with running water.

If swallowed contact a doctor or the Poison Information Centre on 131126.

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